

BANANA-SPLIT CAKE

- 1 Jiffy Yellow Cake Mix
- 1 20-oz Can Crushed Pineapple (not drained)
- 1 small Box Sugar Free Instant Banana Crème Pudding mix
- (prepared: use skim milk to make the pudding)
- 1 8 oz Container—Light or Fat Free Whipped Topping
- 1. Mix cake as directed in the base of the Microsteamer/Oval-Cooker
- 2. Microwave on high 4-1/2 minutes
- 3. Cool (you can freeze for 15 min. if you are in a hurry)
- 4. Pour can of pineapple over cake.
- 5. Spread prepared pudding over pineapple
- 6. Spoon whipped topping over pudding
- Options: Drizzle Chocolate Sauce on top & or Sprinkle w/ nuts (if you use the Heat n Serve the cake will be to thick to add toppings)



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