

# Grandma's Italian Chicken Parmesan

"I've updated my favorite family recipe to be quick and easy. -*Alyssa Leusink*"



- 1 small box of Seasoned Uncle Ben's Rice or Rice-A-Roni
- 1 crown of broccoli, cut into florets
- 6 boneless, skinless chicken breasts
- ¼ cup olive oil
- ¾ cup seasoned bread crumbs
- ½ cup parmesan cheese
- 1-2 tsp. Tupperware Italian Herb Seasoning

- Place only rice and water for 'stove top directions' as called for on the box, omitting the butter into the 3-Qt./3 L Stack Cooker Casserole.
- Place 1¾-Qt./1.75 L Stack Cooker Casserole & Colander on top of the 3-Qt./3 L Casserole and place broccoli in it.
- Clean and rinse chicken.
- Dip chicken pieces into olive oil and then roll in mixture of bread crumbs, cheese & seasoning, coating chicken.
- Fold chicken breasts in half, tucking the thin end under the thick end.
- Place directly on top of the broccoli, making sure there is no broccoli exposed.
- Cover and microwave on high 20 minutes.
- Let stand in un-opened microwave for 6 minutes before serving.

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