

LolliTups

Recipes & Guide

Yum, yum, summer fun! Includes six covers and bases with integrated sticks. Set easily clips together. Covers double as handy drip shields. Save money and eat healthy by preparing fun, frozen treats for your kids. 2.2 oz. each.



LolliTups

Set consists of six mold bases and six covers with integrated sticks.

- Fun penguin design is fun to hold and is the perfect size for little hands.
- No need to use an extra tray to fill or place in the freezer. The molds stand on their own, thanks to the feet. Or they can be clipped to each other using the “beak” of the penguin.
- The cover protects the contents while freezing. The integrated stick inside the cover is large and features opening to ensure each Lollitup stays in place.
- The translucent base makes it easy to know when contents are frozen and ready to be released.
- After un-molding, the cover serves as a shield to guard against sticky fingers when the Lollitup starts to melt.



LolliTups

5. Berry Froyo Ice Pops
6. Blueberry Grapefruit Ice Pops
7. Blueberry Swirl Ice Pops
8. Caramel Macchiato Ice Pops
9. Cookies and Cream Ice Pops
10. Dirt and Worms Ice Pops
11. Fruit Medley Punch Ice Pops
12. Gummy Worms Ice Pops
13. Mango Blackberry Ice Pops
14. Mocha Ice Pops
15. Orange Creamsicles
16. Peaches and Cream Ice Pops
17. Piña Colada Ice Pops
18. Raspberry Punch Ice Pops
19. Sangria Ice Pops
20. Strawberry Orange Ice Pops



Are you trying to get your kids to help you in the kitchen?

Why not have them help you prepare treats for them. They'll have even more fun when the frozen treats are prepared with the TupperKids Lollitups Set! Reward your kids with adorable frozen treats shaped like friendly penguins. You control the sugar! Great for making ice cream with healthy ingredients and less sugar than most commercial ice creams. Fun and easy to make – just start with your own healthy ingredients and transform them into delicious creations and super cool treats.”

Berry Froyo Ice Pops

$\frac{3}{4}$ cup frozen berries (raspberries, strawberries or blueberries)
1 banana
 $1\frac{1}{2}$ cups yogurt
2 tbsp. honey



1. Place berries and banana in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until finely chopped.
2. Add yogurt and honey stir to combine.
3. Divide mixture between Lollitups Freezable forms up to the fill line.
4. Cover and Freeze 5 hours or until frozen.

Blueberry Grapefruit Ice Pops

$1\frac{1}{2}$ cups grapefruit juice
 $\frac{1}{2}$ cup blueberries



1. Divide fruit between Lollitups Freezable Forms and then pour grapefruit juice over fruit up to the fill line.
2. Cover and Freeze 5 hours or until frozen.

Blueberry Swirl Ice Pops

1 cup vanilla yogurt
1 cup blueberry yogurt



1. Add a couple tablespoons of the vanilla yogurt into each Lollitups Freezable Forms, add a couple tablespoons of the blueberry yogurt, repeat layers.
2. Cover and Freeze 5 hours or until frozen.

Caramel Macchiato Ice Pops

$\frac{1}{2}$ cup strong brew coffee OR $\frac{1}{2}$ cup water and 1 tsp. instant coffee
 $\frac{1}{2}$ cup caramel sauce
1 cup reduced-fat (2%) milk or vanilla yogurt



1. Stir ingredients together and divide between Lollitups Freezable Forms.
2. Cover and Freeze 5 hours or until frozen.

Cookies and Cream Ice Pops

8 chocolate sandwich cookies
1½ cups vanilla yogurt
¼ tsp. vanilla extract



1. Place cookies in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until finely chopped.
2. Add yogurt and vanilla, stir to combine.
3. Divide mixture between Lollitups Freezable forms up to the fill line.
4. Cover and Freeze 5 hours or until frozen.

Dirt and Worms Ice Pops

4-6 chocolate sandwich cookies
1 pkg. chocolate pudding prepared
Gummy worms



1. Place cookies in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until finely chopped. Add a 1 tsp. of crushed cookies to the Lollitups Freezable Forms
2. Add one worm to each Lollitup, then add pudding to right below the fill line, top with 2nd worm.
3. Cover and Freeze 5 hours or until frozen.

Fruit Medley Punch Ice Pops

1 kiwi, sliced
½ cup blueberries
3 strawberries, sliced
½ cup grapefruit juice



1. Divide fruit between Lollitups Freezable Forms and then pour grapefruit juice over fruit up to the fill line.
2. Cover and Freeze 5 hours or until frozen.

Gummy Worms Ice Pops

1 bag gummy worms
1½-2 cups grapefruit juice or Seven-Up



1. Divide worms between Lollitups Freezable Forms and then pour grapefruit juice or soda over worms to fill line.
2. Cover and Freeze 5 hours or until frozen.

Mango Blackberry Ice Pops

1½ cup mangoes, frozen + 4 tbsp. water
1½ cup blackberries, frozen + 2 tbsp. water



TUPPERWARE



1. Place mangoes and water in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until pureed. Set aside in small bowl.
2. Place blackberries and water in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until pureed.
3. Layer 1 tbsp. mango followed by blackberry mixture in Lollitups Freezable Forms, repeat once to fill mold. (Because of thickness of purees, no need to freeze in between layers.)
4. Cover and Freeze 5 hours or until frozen.

Mocha Ice Pops

½ cup strong brew coffee, hot OR ½ cup water and 1 tsp. instant coffee
½ cup chocolate sauce
1 cup reduced-fat (2%) milk or vanilla yogurt



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1. Stir ingredients together and divide between Lollitups Freezable Forms.
2. Cover and Freeze 5 hours or until frozen.

Orange Creamsicles

½ cup fresh cream
½ cup milk
¼ cup sugar
¼ cup condensed milk
¼ cup fresh orange juice



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1. Place cream in the base of the Power Chef System fitted with paddle or whisk attachment, replace cover and pull cord until soft peaks form.
2. Add milk, sugar and condensed milk to cream mixture replace cover and pull cord until mixed, add orange juice replace cover and pull cord until well mixed.
3. Pour in Lollitups Freezable Forms, to the fill line.
4. Cover and Freeze 5 hours or until frozen.

Peaches and Cream Ice Pops

1 peach, peeled and pitted
1½ cups vanilla yogurt



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1. Place peaches in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until pureed.
2. Add yogurt, stir to combine.
3. Divide mixture between Lollitups Freezable forms up to the fill line.
4. Cover and Freeze 5 hours or until frozen.



Piña Colada Ice Pops

- ¾ cup pineapple chunks
- 1½ cups coconut water



1. Place pineapple in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until pureed.
2. Add coconut water, stir to combine.
3. Divide mixture between Lollitups Freezable forms up to the fill line.
4. Cover and Freeze 5 hours or until frozen.



Raspberry Punch Ice Pops

- 1 cup raspberries, fresh or frozen
- 1 cup lemon lime soda or lemonade



1. Place raspberries in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until pureed.
2. Add soda or lemonade to the raspberries puree and stir to mix.
3. Pour into Lollitups Freezable Forms.
4. Cover and Freeze 5 hours or until frozen.



Sangria Ice Pops

- ¾ cup blackberries (fresh or frozen)
- ½ lime, juiced
- ½ cups orange juice
- ½ cup red wine
- 3–4 strawberries, sliced (fresh or frozen)



1. Place blackberries in the base of the Power Chef System fitted with blade attachment, replace cover and pull cord until pureed.
2. Add lime juice, orange juice and red wine to black berry mixture, stir to combine.
3. Divide strawberries between Lollitups Freezable Forms and add black berry mixture over strawberries up to the fill line.
4. Cover and Freeze 5 hours or until frozen.



Strawberry Orange Ice Pops

- 1½ cup orange juice
- 3–4 strawberries, sliced



1. Divide fruit between Lollitups Freezable Forms and then pour orange juice over fruit up to the fill line.
2. Cover and Freeze 5 hours or until frozen.