

Serves 6 • Serving size: ½ cup

30
minutes

PREP: 8 minutes

COOK: 18–22 minutes

CHICKEN SALAD with Grapes

- 2 8-oz./225 g boneless, skinless chicken breasts
- ½ cup mayonnaise
- ¼ cup sour cream
- 2 tsp. Simple Indulgence Steak & Chop Seasoning Blend
- 1 cup red or green grapes, halved
- ¼ cup pecans, chopped using Chop 'N Prep Chef (optional)

1. Place chicken breasts in base of Tupperware® SmartSteamer. Fill water tray to minimum fill line. Place steamer base on water tray, cover and microwave on high 18–22 minutes. Allow to rest, covered, 5 minutes. Remove chicken and cut into cubes.
2. Place chicken breast, mayonnaise, sour cream and seasoning blend in base of Quick Chef® Pro System fitted with blade attachment. Replace cover and turn handle until finely chopped or until desired consistency is achieved. Do not over process.
3. Remove blade, place chicken in medium bowl and fold in grapes (and pecans if desired).



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Tupperware®

MUST HAVE



Tupperware® SmartSteamer



Steak & Chop



Quick Chef® Pro System

OPTIONAL



Measuring Cups



Measuring Spoons



Saucy Silicone Spatula



Universal Series Utility Knife