



## 7-LAYER TEX-MEX DIP

Serves: 6–8

Serving Size: about 1 cup

Prep time: 15 minutes

Cook time: 3 minutes

### For the dip:

- 1 lb./455 g ground chicken or turkey
- 2 tbsp. Southwest Chipotle Seasoning Blend (see recipe)
- 1 cup yellow corn kernels
- 1 cup diced tomato
- ¼ cup minced red onion
- 3 tbsp. extra virgin olive oil
- 1½ tbsp. red wine vinegar
- ⅛ tsp. coarse kosher salt
- 1 cup black beans, rinsed, drained
- 1 4-oz./115 g can green chilies, drained
- 1 cup crumbled queso fresco
- ¼ cup loosely packed fresh cilantro, chopped
- ¼ cup toasted pumpkin seeds, chopped (optional)
- Tortilla chips

### Directions:

1. In the 1¼-qt./1.75 L Casserole TupperWare® Stack Cooker casserole, mix together meat and seasoning blend until well combined. Cover and microwave on high power 3 minutes or until browned. Remove from microwave. Drain any liquid or fat. Using a spoon, break meat into bite-sized pieces then set aside.
2. In medium bowl, stir together corn, tomato, onion, olive oil, red wine vinegar, and salt. Set aside.
3. In a baking dish or decorative bowl, layer ingredients in the following order: ground chicken, green chilies, black beans, corn mixture, queso fresco, cilantro, pumpkin seeds.
4. Serve at room temperature with tortilla chips.

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