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Tupperware®

Press Master Juicer

Nothing beats the taste of freshly-squeezed juice. Whether you're juicing for a healthy morning drink, a mid-day refresher or mixing up cocktails for sweet entertaining, the Press Master Juicer is your new must-have. Like the Fusion Master™ Mincer, the Press Master Juicer is also designed to help you make it fresh, have fun with custom blends and use only the ingredients you really want. It's super quick to extract maximum juice, so make a big batch of healthy and freeze in Tumblers for easy, on-the-go drinks anytime.



Fresh Tips

THE DELICIOUS BENEFITS OF JUICING

- Juice provides body with nutrients that it can absorb very quickly. Drinking fresh juice daily provides your body with natural nutrients that boosts health and protects against disease.
- Drinking right after squeezing is the best way to get all of the nutrients, but for a busy schedule, juicing and immediately freezing is a great solution for preserving those fresh nutrients.
- Citrus fruits are best known for their high levels of vitamin C, which is well-known for its role in boosting the immune system.
- Oranges are a good source of vitamin C, B, K, biotin, folic acid, amino acids and beta-carotene.
- Drinking orange juice once a day can more than double iron absorption.
- Grapefruits are rich in vitamin C, calcium, phosphorus and potassium.

Because of its tartness, **lemon juice** is perfect for simply diluting in hot or cold water to drink or minimizing the sweetness or saltiness of other drinks.



Which grapefruit is sweetest? The redder, the better: red is sweetest, pink is medium sweetness and white is the least sweet.



1 lime =
2 tbsp.
juice



1 lemon =
3-4 tbsp.
juice



1 ½-2 oranges =
½ cup juice



1 grapefruit =
½ cup juice



Press Master Juicer

The Press Master Juicer makes it quick and easy to extract the maximum amount of pure juice from fruit. Once assembled, simply open, place the fruit in the chamber and press for quick and tasty results! Its ingenious design allows you to juice with the Press Master Juicer alone or attach to the base for sturdier juicing.



Place fruit in chamber cut side down.



**Please note this is suggested as a resting position. For best results, hold Press Master Juicer and squeeze by hand or attach to base.*

This product, like everything we sell in the U.S. & Canada, is BPA-free.