

Serves 3 • Serving size: 1 patty



PREP: 15 minutes
COOK: 5 minutes

All American Grilled Stuffed BURGERS

1 lb./455 g lean ground beef
½ tsp. coarse kosher salt
½ cup shredded cheddar cheese
¼ cup cream cheese, room temperature
2 tbsp. Steak & Chop Seasoning*
1 garlic clove, peeled and minced

1. Combine ground beef and salt in medium bowl. Divide ground beef into 6 portions, press into thin patties and set aside.
2. Stir together cheddar, cream cheese, seasoning and garlic in small bowl.
3. Place two tablespoons of the cheese mixture on top of three of the patties. Top with remaining patties, gently pressing edges to form a pocket around the cheese.
4. Place the three patties into the base of the MicroPro™ Grill. Place cover in the grill position. Microwave on high power 3 minutes. Remove from microwave, drain any liquid. Flip burgers, microwave on high power an additional 2 minutes or until desired temperature.
5. Serve with a variety of fresh vegetables, pickles and condiments.

*Find the seasoning recipe on your Sales Force Website.

Nutritional Information (per serving):

Calories: 200 Total Fat: 13g Saturated Fat: 7g Cholesterol: 75mg
Carbohydrate: 1g Sugar: 0g Fiber: 0g Protein: 22g Sodium: 430mg
Vitamin A: 6% Vitamin C: 0% Calcium: 10% Iron: 10%

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Tupperware®



TO DEMO



MicroPro™ Grill

OPTIONAL



Measuring
Cups



Measuring
Spoons



Silicone
Spatula