



5
minutes

PREP: 5 minutes

Serves 2 • Serving size: 10 oz./285 mL

Orange Pineapple JUICE

1½ cups orange juice (about 6–8 oranges)
1 cup pineapple juice (about 1 lb./455 g fresh chopped pineapple)

1. Assemble Press Master Juicer with Press Master Connection to base.
2. Place Mix-N-Stor® Pitcher under Press Master splash guard.
3. Slice oranges in half and insert one half of the fruit in the chamber, making sure the cut side is facing down. Press down until all juice is drained.
4. Repeat until all oranges are pressed into Mix-N-Stor® Pitcher.
5. Place pineapple chunks into the chamber and press down until all juice is drained. Repeat until all pineapple juice is drained into the pitcher.
6. Pour juice into two 12-oz./350 mL tumblers. Drink immediately or freeze until ready to drink.

Nutritional Information (per serving):

Calories: 150 Total Fat: 0g Saturated Fat: 0g Cholesterol: 0mg Carbohydrate: 35g Sugar: 31g
Fiber: 0g Protein: 1g Sodium: 0mg Vitamin A: 8% Vitamin C: 160% Calcium: 4% Iron: 4%

TO DEMO



Press Master
Juicer

OPTIONAL



Mix-N-Stor®
Pitcher



Measuring
Cups



5
minutes

PREP: 5 minutes

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Grapefruit LEMONADE

1 cup lemon juice (about 5 lemons)
½ cup grapefruit juice (about 1 grapefruit)
1 cup water
1 cup sugar

1. Assemble Press Master Juicer with Press Master Connection to base.
2. Place Mix-N-Stor® Pitcher under Press Master splash guard.
3. Slice citrus in half and insert one half of the fruit in the chamber, making sure that the cut side is facing down. Press down until all juice is drained.
4. Repeat until all citrus is pressed into Mix-N-Stor® Pitcher.
5. Combine water and sugar into 1-Qt./L Micro Pitcher. Microwave on high power 2 minutes or until sugar has dissolved.
6. Stir into Mix-N-Stor® Pitcher with remaining juice until well combined.
7. Pour into two 12-oz./350 mL tumblers. Drink immediately or freeze until ready to drink.

Nutritional Information (per serving):

Calories: 440 Total Fat: 0g Saturated Fat: 0g Cholesterol: 0mg Carbohydrate: 115g Sugar: 104g
Fiber: 0g Protein: 1g Sodium: 10mg Vitamin A: 6% Vitamin C: 120% Calcium: 2% Iron: 2%

TO DEMO



Press Master
Juicer

OPTIONAL



Mix-N-Stor®
Pitcher



Measuring
Cups



Tupperware®