



## COCONUT BARS

**Serves: 16**

**Serving size: 1 bar**

**Prep Time: 5 minutes**

**Cook time: 1+ minute**

**30 minutes of setting time**

.....

### INGREDIENTS:

- ½ cup condensed milk
- ¼ cup refined coconut oil
- ¼ tsp. salt
- 2 cups unsweetened coconut flakes

### DIRECTIONS:

1. Place condensed milk and coconut oil in TupperWave® Stack Cooker ¾-qt./750 mL cover and microwave on full power for 1 minute. Set aside.
2. In a medium-sized Thatsa® Bowl, place coconut flakes and add condensed milk and salt. Mix until coconut is well coated.
3. Spread coconut mixture into Silicone Rectangular Form, then using the Silicone Thin Spatula press down until mixture forms an even layer.
4. Place in refrigerator and let set for 30 minutes. Invert onto cutting board and cut into bars. Store in Snack-Stor® Large Container or Mini Canisters for up to 5 days.

**Tupperware®**

©2017 Tupperware. All rights reserved. 2018-1659-164 EN



## COCONUT BARS

**Serves: 16**

**Serving size: 1 bar**

**Prep Time: 5 minutes**

**Cook time: 1+ minute**

**30 minutes of setting time**

.....

### INGREDIENTS:

- ½ cup condensed milk
- ¼ cup refined coconut oil
- ¼ tsp. salt
- 2 cups unsweetened coconut flakes

### DIRECTIONS:

1. Place condensed milk and coconut oil in TupperWave® Stack Cooker ¾-qt./750 mL cover and microwave on full power for 1 minute. Set aside.
2. In a medium-sized Thatsa® Bowl, place coconut flakes and add condensed milk and salt. Mix until coconut is well coated.
3. Spread coconut mixture into Silicone Rectangular Form, then using the Silicone Thin Spatula press down until mixture forms an even layer.
4. Place in refrigerator and let set for 30 minutes. Invert onto cutting board and cut into bars. Store in Snack-Stor® Large Container or Mini Canisters for up to 5 days.

**Tupperware®**

©2017 Tupperware. All rights reserved. 2017-0170-164 EN