

Did you know that light, heat, and air can degrade your spices?
Always store them in airtight containers in a cool, dark place—not above the stove!



Did you know that adding spices earlier in the cooking process allows flavors to fully develop, while adding them at the end gives a fresher, more intense taste?



Did you know that you should never shake your spice jar over a steaming pot?

Moisture can get inside and cause the spices to clump or spoil.



Did you know that you can revive older spices by gently heating them in a dry skillet to bring out any remaining oils and aroma?



Did you know that whole spices can retain their flavor for up to 4 years, while ground spices typically lose potency after 1 to 2 years.